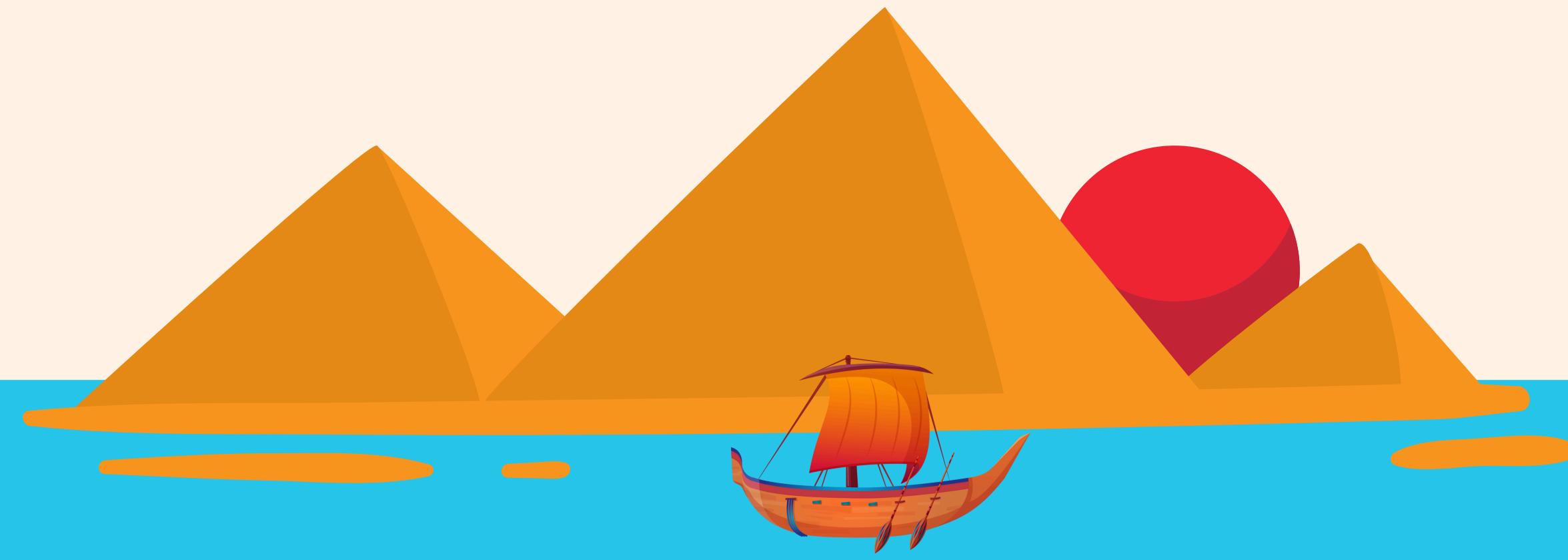


The Intuitive Parent

A Practical How To Guide for Daily Life



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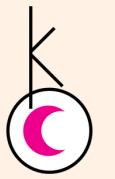
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Course Outline

- Module 1: The Informed Intuition Method
- Module 2: The Physical Body
- Module 3: The World We Live In
- Module 4: The People in Our Lives
- Module 5: Holistic Methods Old and New
- Module 6: The Non-Physical World of Nature, Energy, and Spiritual Stuff
- Module 7: Social Life and Boundaries
- Module 8: The Legacy of Love, the Misnomers
- Module 9: Graphics and Maps
- Module 10: Meditations and Affirmations



Intuition Notes

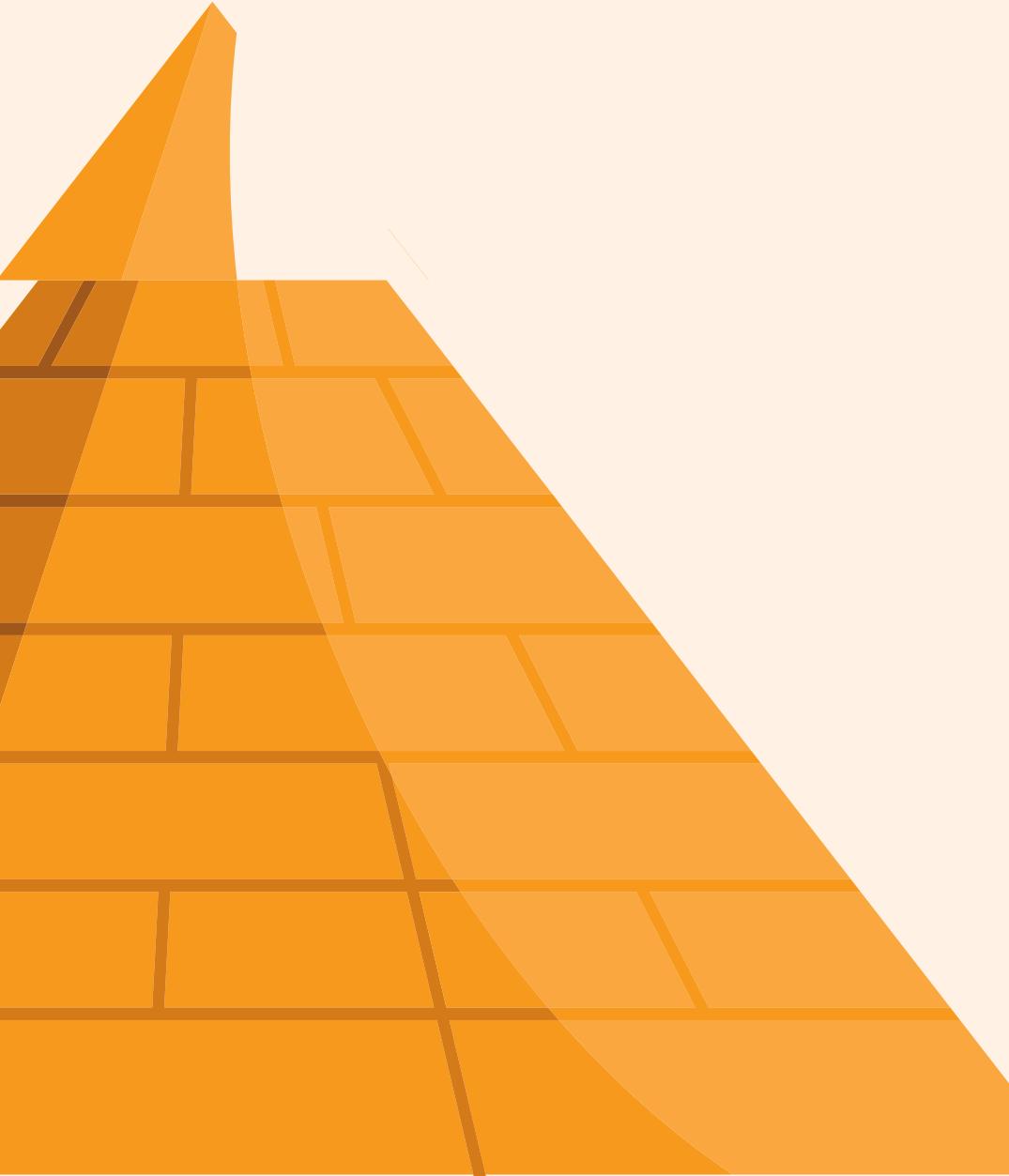


- 1) What are your personal objectives in taking this course?*
- 2) What does intuition mean to you? What thoughts and feelings come up?*
- 3) Think about the times that trusting your intuition served you, and when you didn't follow your gut feelings.*

Notes



Mantra



“It’s time to practice trusting myself. I’m ready to embrace trust. To trust myself, and all that comes from the love for myself and my child.”



Intuition Defined



The ability to acquire knowledge without conscious reasoning or needing an explanation

Intuition is the inner knowing and feeling (and other sensations) coming from your heart center

Intuition is the non-physical, energetic part of us

Note: The mind can't understand or access your intuition. We can't evaluate intuitive insights with the analytical mind.



Soul Drivers

Opportunity and Outcome

Core Values

Status and Achievement

Vision of the Future



Soul Drivers

Opportunity and Outcome

Core Values

Status/Achievement

*Spend some time meditating or imagining what it would look like be like.
Create your masterpiece.*



- 1) *What kind of world do you want your child to live in?*
- 2) *What do you want for others? For loved ones, for all humans?*
- 3) *What do you want the world to look like 5, 10, and 20 years from now?*

Notes:



Soul Drivers Examples

Opportunity/Outcome (for both you and your child)

- Set up with skills and resources
- Allow mistakes, safe to struggle, allowing your child to learn their way
- Acknowledgement of disappointments, hurt, emotions, and external influences
- Witness love in all of the steps in life, including struggle and suffering
- Believing in your child and yourself, who they are and you are, no matter what



Core Values (for both you and your child)

- A good future (your definition)
- To feel beloved, cherished, and loved in all they do and desire
- Acceptance, peace, love, benevolence, detached compassion
- Feel empathy, perspective taking
- Definition of the Nest, a home, family, articles of foundation
- Family values

Status/Achievement

- Opportunity
- Networks and connections
- External accolades
- Flexibility/adaptability
- Consciousness
 - See all human-ness, humankind
 - Trust
- Vision of the Future
 - Utopia





Mantra

“I allow my intuition to guide me through everyday life. From big to small decisions. To follow wherever my heart and soul lead me.”

